

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Relationship -SEAL New Beginnings		Health- SEAL		Wider world - SEAL	
Year 1	Who is special to us?	What is the same and different about us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What makes a good friend?	What is bullying?	What helps us to stay safe?	What jobs do people do?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	How can we be a good friend?	What are families like?	What keeps us safe?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	How do we treat each other with respect?	What strengths, skills and interests do we have?	How can we manage our feelings?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?	How can we help in an accident or emergency?
Year 5	How can friends communicate safely?	How will we grow and change?	What makes up a person's identity?	What decisions can people make with money?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow? <i>*SRE content- How babies are made and How Babies are born</i>	