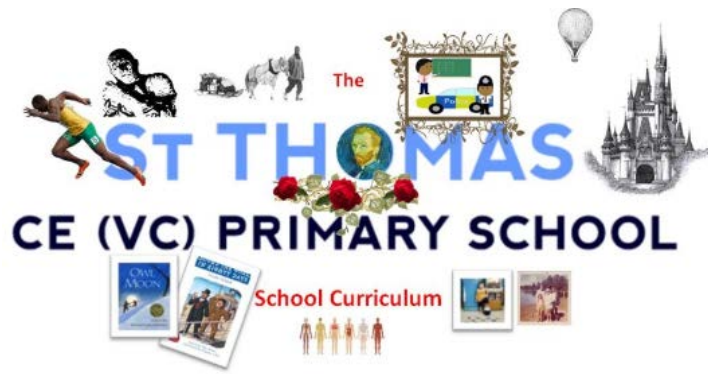


# St Thomas CE (VC) Primary School



## P.E. / Sports Policy

Policy Created by Mick Sykes:	April 2022
Policy to be reviewed on:	September 2023



## PE / Sports Policy

*Subject Leader Mick Sykes*

### PE at ST THOMAS CE (VC) PRIMARY SCHOOL

At St Thomas CE (VC) Primary School we are committed to providing all children with learning opportunities to engage in Physical Education. The philosophy of St Thomas underpins each interaction, with positive relationships central to our provision. We support the children to achieve their best, using a positive mindset to approach all aspects of living and learning. This means that our children are developing and strengthening an attitude that will enable them to truly believe in themselves.

Through a positive caring environment, we provide the opportunity for every child to reach their full potential. This policy reflects our School's values and philosophy in relation to the teaching and learning of PE. It sets out a framework within which teaching and non-teaching staff can work, and gives guidance on planning, teaching and assessment.

#### Intent:

At St Thomas CE (VC) Primary, our intention is to inspire and engage children's interest in sporting activities through providing a wide range of opportunities within school, after school and within the wider community. This also includes short active classroom breaks (for example: GoNoodle). All of this will help to foster children's interest in physical wellbeing and healthy lifestyles in order to establish long lasting lifestyle messages, and a lifelong love of sport. The children will develop an understanding of the effects of exercise on the body, and an appreciation of the value of safe exercising. Furthermore, it allows the children to gain a sense of achievement, alongside developing a positive attitude towards themselves and others. This also incorporates our Christian values - positively encouraging children to share, respect, support, trust and work collaboratively with others.

At St Thomas, we promote an understanding of safe practice, and develop a sense of responsibility towards their own and others' safety and well-being. We develop skilful use of the body, the ability to remember, repeat and refine actions and to perform them with increasing control, co-ordination and fluency. Similarly, St Thomas Primary will develop an increasing ability to select, link and apply skills, tactics and compositional ideas.

The use of external sports coaches (with the Pennine School Sports Partnership) alongside the development of the school staff, ensures PE is delivered to a clear and structured timetable, in line with the National Curriculum, resulting in an effective curriculum implementation, incorporating catch-up strategies to allow for missed opportunities owing to the Covid Pandemic.

**The intention here, at St Thomas, is the contribution of PE across other subject areas:**

### **English**

Links between PE and English could include: writing sequences, following/giving instructions, oral/peer assessments, speaking and listening, and movement within drama.

### **Maths**

Links between PE and Mathematics include: measurement, shape and space, sequences, number, angles, position and movement, rotation and time. Active Maths is also encouraged for short spells; for example star jumping to times tables.

### **Science / Healthy Eating**

The school recognises that physical activity is just one element of healthy lifestyles and actively promotes healthy eating to help combat child obesity. These messages are shared in clubs and lessons, besides further discussions in Science lessons.

### **PSHE**

PSHE and PE links include following rules, living healthily, co-operating with others and understanding fairness and equality. These are integral components of all PE lessons.

### **SEMH**

PE offers many opportunities that support the social and emotional development of our children. Groupings allow children to work together and give them the chance to develop respect for the abilities of other children through collaborative and co-operative work, while gaining a better understanding of themselves.

**The intention here, at St Thomas, is the Inclusive and Equal opportunities for all:**

Class teachers will promote ownership of having PE kit, which are in their team colours (4 school teams), but often spares can be made available for any occasional circumstances where a child does not have their own in school. Since the effect of Covid school closures; we have implemented a successful system whereby the children come to school in PE kit on their designated PE days, alleviating any kit problems prior to lessons, but also increasing the actual active aspect of the lessons.

Lessons will provide good quality experiences that are suitably challenging for all pupils, at all levels.

Children will undertake different activities, but all will be given the same opportunity to achieve the aims through an appropriate range of activities, differentiated when necessary.

For children with limited gross motor skills, the integrity of activities will be maintained and expectations will take into account the individual needs of each child.

For the purposes of competitions, all children will be given the opportunity to participate in the experience. Every child in school participates in the annual and successful sports day. Other inter-house competitions will happen throughout the school, besides external opportunities against other schools in association with the Pennine Sports Partnership.

## Implementation:

The curriculum is successfully implemented to ensure pupils' progression in knowledge, so they are basically 'learning the curriculum'; Skills are learnt from the start of the child's St Thomas journey, and developed, challenged and enhanced as they progress through school. The diversity of our lessons also allows the opportunity for everyone to find an element they like and can pursue, from dancing and yoga to boxing and bike riding.

Besides regular PE Lessons, St Thomas offers a wide range of extra-curricular activities, within the National Curriculum Framework, such as football and netball, but also bespoke opportunities such as boxing, yoga, and The Yorkshire Dales' Walks – using both internal and external professionals within each field. This includes both after school, holidays and weekend opportunities, supported by St Thomas staff as well as external sports coaches.

In association with The Pennine Sports Partnership, St Thomas also takes part in many other sporting experiences and competitions with off-site visits – again, supported by the school staff.

**Pupil Sports Premium:** The school has a detailed plan to improve the quality of PE provision for all pupils. This is updated termly and reviewed by Governors and the Head Teacher. The plan includes an overview of sports premium spending and a review of the impact of the allocated funds.

The PE Co-ordinator, the Head Teacher, and the Governors regularly review, and quality assure the subject to ensure that it is implemented sufficiently well and in line with the National Curriculum. The co-ordinator will make changes if necessary, to keep in line with the National Curriculum Objectives, plus the expertise of the teaching staff will be able to adapt accordingly, to meet the needs of their children, and to link in with other subjects within their classroom topics. Additional support or CPD will be made available to any staff that feels the need to develop their knowledge further.

## Impact:

In addition, we measure the impact of our curriculum through the following methods:

### Monitoring and Evaluation

- Assessment is usually carried out by teachers during the normal class activity. This is done mainly through live and video observations besides through discussion with the children.
- Peer assessing is often used, which in turn develops their speaking and listening skills.
- Photographic/video recordings are used to document and showcase the children's work. Using the SeeSaw Web App is also a good tool for pupils to self and peer assess their activities.
- Physical Education is also included as part of the end of year school reports to parents.
- Surveys / Interviews with children will also gain a honest perspective – using Pupil Voice.
- A display board showing examples of PE across the age groups, which will display progress.

### Leadership and Management

The coordinator will:

- Empower colleagues to teach P.E. to a high standard and support the staff where necessary with any further support or CPD.
- Monitor the way P.E. is taught throughout school; observing, discussing and through questionnaires.
- Examine long-term and medium-term plans and advise on appropriate teaching strategies, with the expertise and responsibility for monitoring standards.

Our governors are responsible for monitoring the way our school curriculum is implemented. However, the Head Teacher is responsible for the day to day organisation of the curriculum, which is set out within the long-term plan, alongside other non-core subjects. The head teacher monitors the curriculum through planning, classroom observation, liaising with coordinators and the Leadership Team.

### Partnerships with Parents

Parents are very supportive of the sporting curriculum offered by St Thomas, which is evident in the many and varied extra-curricular school competitions - which they can attend. The school office provides advance details of any such extra-curricular event, and we use our own minibus whenever possible.

St Thomas' School Sports Day has now become a firm favourite in the parents' calendars; such is the strong community bond, which has increased year on year between school and families.

Hopefully, the ever-popular Pennine Dance Festival and the Kirklees Swimming Gala will be resumed for St Thomas to take part – exciting showcase opportunities for the children to perform alongside children from other schools, and where parent tickets are always snapped up well in advance.

## Health and Safety:

All staff have due regard and competency for preparing and delivering PE lessons, and will seek support, help or advice prior to any activity they are less sure about (eg Using the Bike Race Track).

Pupils are taught how to improve their own abilities to assess risks.

First aid equipment is available, and all staff are trained in what action to take, including calling for assistance in the event of an accident.

Inhalers for pupils suffering from asthma are readily accessible.

Children with diabetes are monitored closely throughout and after PE lessons by staff.

Regular checks are made on all equipment.

The subject leader makes termly visual checks for wear and tear and security of major items, and all staff are responsible for reporting to the subject leader if any items show wear and tear.

Any items constituting a danger would be taken out of use immediately, and replaced if still necessary.

All BMX bikes are inspected and maintained annually by an independent safety expert.

Pupils are taught how to move and use apparatus safely under the supervision of a teacher or responsible adult.

Pupils are made aware of safe practice and understand the need for safety when undertaking any activity. (e.g. not lifting Hockey stick above the waist, not jumping or running in front of others, not riding BMX without helmet, etc ).

Pupils are taught to understand the safety risks involved in wearing inappropriate clothing, footwear or jewellery.

Teachers ensure that no jewellery is worn in lessons and long hair should be tied back. If earrings cannot be taken out, they are taped over.

Pupils wear suitable footwear when travelling to and from the hall.

If a child has no trainers/pumps for outdoor PE they use their shoes if the activities are on the playground and they are deemed suitable for the activity.

### ***Management of the policy***

Policy created Mick Sykes, April 2022.

To be reviewed April 2024